

## Tapping into the resourcefulness of rural and regional women

The women of rural and regional Queensland are rallying together to play a bigger part in driving the future of their local communities, industries and natural resources.

Naturally Resourceful, a short leadership and natural resource management course specifically designed for women, is helping to drive this change.

### Naturally Resourceful...

- Builds on the resourceful nature of rural and regional women.
- Enhances the involvement of rural and regional women in natural resource and agricultural management.
- Helps women to build their skills, knowledge and understanding about natural resource management and property planning.

### Aims and outcomes of the course

The course provides a pathway for women to take leadership responsibilities within the natural resource management field, as well as within social, producer and political groups and committees.

The course is designed to:

- encourage participants to take responsibility and action for improved management of the environment
- improve participants' understanding about the links between good natural resource management practices and social and economic viability
- develop participants' self confidence
- encourage participants to be more vocal advocates for continued learning within their communities.



Above: Women from Moonie in Queensland formed a close network from their participation in a Naturally Resourceful course.

# Naturally Resourceful

## Workshops and topics

Naturally Resourceful is based around four workshops, which can be scheduled during a timeframe that suits the participants. Previous courses have scheduled the workshops in three different ways: across four consecutive weeks; one workshop per month; or scheduling around school hours and holidays.

Workshop topics can be modified according to what is most relevant or of interest to particular communities.

Topics popular at workshops so far have included:

- natural resource management issues impacting on the production and profit of agriculture
- gardening with bore water and birds on farms
- succession planning and identifying communication styles
- planning for positive change.

## Who delivers Naturally Resourceful...

Naturally Resourceful workshops are delivered by a range of qualified trainers and facilitators who have expertise in areas related to the chosen workshop topics.

## Hear from past participants...

“Very well organised and facilitated. Great quality of guest speakers. I would recommend to all women, particularly rural women and those that might be more isolated.”

*Injune participant*

“If you want to learn more about your community, your land and the people who live here, go to one of these!”

*Mitchell participant*

“As well as a valuable learning experience, it’s been great to establish a network of women with similar interests and goals. Women can be a part of change/education once we become informed and support each other.”

*Moonie participant*

“As women we are an important and vital part of our property — not just as the book-keeper. It is our responsibility to encourage and create sustainable properties as well as sustainable homes.”

*Bollon participant*



Above: Women at Bollon in Queensland learn about birds and biodiversity in their local area.